# Little SPARK: Simple Play Adaptations to Reference for Kids

## Rainbow Liquid Sensory Viewers

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| **Description:** | **Image:** |
| Set of 5 durable plastic viewers in 5 colors; each viewer measures 5 3/4" tall.  [Purchasing Information](https://www.lakeshorelearning.com/products/p/SE581)  [Demo Video](https://youtu.be/aaz31NP6gOc) | Five tube shaped clear containers filled with clear liquid. Each container also contains a different colored liquid that appears to drip from the top of the container to the bottom, |

**Who Might Benefit?**

Those who are learning self-regulation, need quiet, self-directed activities to regroup, or benefit from touching/fidgeting to focus.

**Why Use?**

Quiet sensory exploration and self-calming tool that can help a child’s focus and regulation.

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| Instructions for Use: | Adaptation Ideas: |
| **Environmental Considerations**   * Use individually in quiet areas   **Positioning & Alternate Positioning**   * Explore in just about any position where they can be reached and viewed.   **Basic Play/Use 🡪 Extended Play/Use**   * Shake, tip or swirl the bottles and watch the contents move and settle. 🡪 Play color identification activities or explore/use in conjunction with a light box.   **Play/Use with Others**   * Take turns color matching with picture or color words to each bottle. | **Build It Up**   * Use Dycem, or shelf liner to provide gripping surface.   **Stabilize It**   * Shallow box or cylindrical holder to help hold/set up bottle upright.   **Simplify It**   * Introduce one bottle at a time.   **Contain It**   * Store in open container alone or sensory tub with other items.   **Add Sensory Cues**   * Use with light box or with quiet music.   **Communication Supports**   * Visual supports like communication cards and social narratives can help a child communicate their feelings.   **Alternative Uses**   * Use as timers or visual transitions (“When the bubbles settle it’s time to…”).   **DIY Alternatives**   * Make your own [sensory bottle](https://youtu.be/al1wcF55Zgo) |

### Words to Encourage Play/Use

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| **Turn**  A green circle with black arrows going around the circle. | **Look**Face with eyes looking away with a black arrow pointing in the direction the face is looking. | **Calm**A child in a blue shirt comforting another child in a green shirt who is smiling. |
| **Wait**Child sitting in chair with clock next to them. | **Bubbles**A group of blue bubbles. | **ColorA grid with different colors in each square.** |
| **HelpA child kneeling on his knee and another child reaching toward the kneeling child.** | **TouchA child with their hand on the shoulder of another child.** | **Shake**  **A hand shaking a red box from left to right.** |

\*”Adaptations” adapted from: Haugen’s Modes for Adapting Toys based on materials from the "Let's Play" Project at the University of Buffalo

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